If you can work in your state and you must work, follow the White House guidelines: “30-days To Slow the Spread”
https://www.whitehouse.gov/wp-content/uploads/2020/03/03.16.20_coronavirus-guidance_8.5x11_315PM.pdf


1. **Stagger Scheduling**
   - Install foam during off-hours to avoid other trades
   - Promote social distancing on the jobsite - at least 6 feet
   - Keep unprotected workers out of spray zone
   - Keep in-person meetings (toolbox talks and safety meetings) as short as possible, limit the number of workers in attendance, and use social distancing practices

2. **Travel Smart**
   - Minimize stops to and from the jobsite
   - Don’t use cash; use debit or credit
   - Wash hands immediately after contacting ‘high-touch’ surfaces like CC machines, ATMs, gas pumps, door handles
   - Avoid carpooling – consider using separate vehicles to socially distance from co-workers

3. **Keep it Clean**
   - Keep areas clear of ‘personal trash’ such as napkins and beverage containers
   - Have hand sanitizers/disinfectant wipes available
   - Discard all used PPE immediately; never share
   - Regularly clean high-touch areas inside the vehicle and rig
   - Encourage workers to report any safety and health concerns

4. **Get Fresh Air**
   - APR cartridges are in short supply and may prevent daily changeouts
   - Consider using SAR for all SPF applications if APR cartridges are not available
   - Set up SAR systems safely, including proper air filtration and monitoring for compressed air and location of air pump inlet away from engine exhaust.
   - Follow your company’s respiratory protection program: clean, sanitize and store your respirator properly

5. **Personal Hygiene**
   - Encourage workers to stay home if they are sick
   - Wash hands regularly - if there is no access to soap and water, provide hand sanitizer with at least 60% alcohol
   - Maintain social distancing – while working
   - Do not touch face unless hands are cleaned just before
   - When not wearing respirator, wear masks over their nose and mouth to prevent them from spreading the virus
   - Encourage respiratory etiquette, including covering coughs and sneezes
   - Get proper sleep and nutrition